

Back to School Calendar of Events



LIFE TRANSITIONS

Supporting the Mental Health of Students of Color

Facilitated by experts from the Steve Fund and the American Council on Education (ACE), this workshop is designed to help education leaders explore ways to support students of color while honing new skills, connecting with peers, and examining ways to implement knowledge.

In this session, David Rivera, Ph.D., National Advisor for The Steve Fund, will focus on creating and sustaining institutional wellness through a racial trauma-informed leadership lens. Participants will focus on prevention, explore an institutional wellness model, and discuss aspects of the Equity in Mental Health on Campus program, including the campus racial narrative that can be used as a framework for institutionalizing wellness on campus.

Wednesday, August 24

12–2PM ET

[REGISTER >](#)



SUICIDE PREVENTION AND WELLNESS

Amplifying Mental Health Awareness for Black Young Women and Girls

Join Steve Fund mental health specialist Tiana Brawley for this online webinar and explore the mental health crisis of suicide in the Black community. Examine wellness strategies and practices to support mental health, including how to:

- Utilize the 7 Dimensions of Wellness as a framework to address suicide and mental health
- Identify risk factors and protective factors
- Learn, reflect on and walk away from this session with support tools and resources

Wednesday, September 7

1PM ET

[REGISTER >](#)





THE STEVE FUND WELLNESS CIRCLES

Here's the Thing!

Wellness Circles are designed for young people of color to seek a greater understanding about mental and emotional well-being. The group supports students of color in sharing their concerns, experiences, and coping strategies related to mental health.

- Topics include imposter phenomenon, changing friend groups, setting boundaries, and more. We care about what you'd like to discuss, so you also guide the discussion.
- Wellness Circle sessions aim to happen for one hour every week in September with the dates and times of the sessions being scheduled by group availability.

[LEARN MORE ABOUT DATES AND TIMES >](#)



JOIN THE A&F CHALLENGE

Support the Steve Fund throughout the month of September by joining the A&F Challenge with our partner Abercrombie & Fitch. All month, A&F will be partnering with us to support the mental health and wellness of young people of color – and you can help. The A&F Challenge is dedicated to supporting organizations that work to empower youth, teens and young adults around the world on their journey to being and becoming who they are.

Make your donation on our profile or by signing up at anfchallenge.org. [DONATE >](#)



For more events please visit www.stevelfund.org/events.

About the Steve Fund

The Steve Fund is the nation's leading organization focused on supporting the mental health and emotional well-being of young people of color. We work with colleges and universities, nonprofits, researchers, mental health experts, families, and young people to promote programs and strategies that build understanding and assistance for the mental and emotional health of young people of color.

